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Riding the Privacy Rollercoaster: Considerations and Strategies for Health Data Privacy Compliance and Risk Mitigation in Uncertain Times

Melissa Levine

Hogan Lovells US LLP

Anna Park

Masimo



Melissa Levine

Partner

Hogan Lovells US LLP

Melissa.Levine@hoganlovells.com



Anna Park

VP, Compliance Officer & Data Privacy Counsel

Masimo

Anna.Park@Masimo.com

Agenda

- Current Landscape
- Federal Enforcement Areas to Watch
- State Enforcement Areas to Watch
- What to Do and Watch
- Risk Mitigation Strategies

Shifting and Evolving Landscape

- Significant shift in enforcement priorities and focus at federal level
- RIFs impacting staffing and agency resources
- State laws continuing to evolve
- Increased attention of State AGs
- Disrupters as many agency heads

HIPAA Rules

- Recent changes to HIPAA Privacy Rule around reproductive health and substance use disorder data
- Security Rule NPRM
- Prior NPRM from previous Trump administration OCR may have renewed focus

OCR

- OCR investigations and enforcement continue
- Enforcement largely focused on data breaches and security violations
- HHS gets to keep the fines OCR collects and may use the money to fund other priority HHS initiatives
- Less attention on web tracking expected
- Unclear if HIPAA compliance audits are going forward

HIPAA NPRM

- Proposes **significant** revisions to the Security Rule's existing requirements pertaining to administrative, physical, and technical safeguards
- Public comments on the NPRM were due March 7, 2025
- Shifts away from the historical focus on flexibility of approach
 - Clarifies that HIPAA Security Rule **provisions are all requirements**, even for ones previously interpreted as optional (i.e., addressable vs. required under the existing Rule)
 - Defines **more granular and prescriptive requirements** to implement, maintain, and document regulated entities' implementation of the required security measures
- Increases accountability with new requirements to review and test written policies/procedures/controls **at least once every 12 months** or in response to environmental or operational changes, and modify as reasonable and appropriate

HIPAA Security Rule NPRM

- Proposal would require regulated entities to conduct and maintain:
 - Accurate and thorough written inventory
 - Network map of the entity's electronic information systems and all technology assets that may affect the confidentiality, integrity, or availability of ePHI
- Provides more specificity around risk analysis and risk management
- Expectation of encryption (in transit and at rest) and MFA, with some limited exceptions
- New obligation on business associates to provide written verification every 12 months that they deployed required technical safeguards through a written analysis of business associate's information systems
- Expansion of HIPAA Security Rule requirements to plan sponsors
- Additional onerous controls and testing requirements

HIPAA Repro and SUD

- Final rule, requirements were effective 12/12/2024 except NPP changes (effective 2/16/2026)
- Limits use and sharing of PHI potentially related to reproductive health
- Requires obtaining of attestation for certain disclosures of PHI potentially related to reproductive health
- Reproductive health broadly defined
- Requires changes to NPPs and policies, including to address SUD data
- Entities also incorporating changes into BAAs
- Will require notice and comment rulemaking to overturn/change in new administration unless court overturns (e.g., Texas case)
- May not be enforced by OCR under new administration

FTC

- New FTC chair will shift FTC enforcement focus and priorities
- Likely less enforcement of the more extreme positions of the prior administration's FTC, including on web tracking
- Increased focus on enforcement under COPPA

**Loper Bright decision impact resulting in less agency deference

Federal AI Position

- Shift at the federal level towards a deregulatory AI stance
 - Biden administration EO rescinded by the Trump administration
 - Trump administration EO “removes barriers” and promotes AI development as a matter of global economic competitiveness
- FTC aiming to foster AI innovation
- AI litigation likely to continue: claims of bias, discrimination, lack of transparency, improper use of data, data scraping

Current State of AI Regulation

- **Existing Federal laws**
 - HIPAA
 - Section 5 of the FTC Act
- **ONC Rule for decision support interventions in certified health IT**
 - Predictive decision support interventions integrated into certified health IT
 - Nutrition label on risk management (design, development, training, evaluation of predictive DSIs) for HCPs to understand limits or biases and confirm testing/validation
 - Describe data governance, how data acquired, managed and used
 - Evaluate and mitigate risks regarding accuracy, bias and safety
- **FDA draft guidance on use of AI**
 - Use of AI in research studies for drug and biological products
- **State AI laws (e.g., CO, CA)**
- **State AG guidance issuances (e.g., NJ, CA, OR)**

DOJ Data Security Program



- DOJ's Data Security Program (DSP) took effect April 8, 2025
- Imposes prohibitions or broad restrictions on brokerage transactions and vendor, employment or investor agreements involving access to bulk U.S. sensitive data by covered persons or countries of concern
 - Includes genomic and certain other 'omic data, health data
 - Particular impact on cross-border health sciences and clinical research
 - America First policy indicates enforcement focus on transactions involving China
- Covered data is broad—even includes fully de-identified or anonymized data
- Narrow exemptions
- Disruptive to deeply interconnected global operations
- Enforcement will be relaxed through July 8, 2025, for entities undertaking good faith efforts to comply

Enforcement Trends

- Class action litigation likely to continue regarding data breaches, security deficits, and web tracking
- State AGs have demonstrated a renewed interest in enforcing existing privacy laws in the absence of federal legislation
- State AGs are using existing privacy and consumer protection laws to regulate AI

Legislative Trends

- State laws likely to increase to fill federal void in certain areas
- New consumer health privacy laws have been enacted or will go into effect in 2025 (MD, NY, VA) with increasing restrictions and becoming more onerous
- States continue to consider AI legislation

- 4 states have enacted data privacy laws specific to “consumer health data”
 - Connecticut Data Privacy Act (“CTDPA”), as amended by Senate Bill No. 3, *in effect*
 - Maryland Online Data Privacy Act, *effective October 1, 2025*
 - Nevada Revised Statutes 603A.400 *et seq.*, *in effect*
 - Washington My Health My Data Act (“WMHMDA”), *in effect*
- “Consumer health data” covers a broader range of information than traditional “health information” definitions under other laws
- DC and New York have proposed similar bills

- **Notice obligations**
 - Distinct disclosure requirements for privacy policies
 - WMHMDA requires a separate website privacy policy
- **Opt-in consent** required for uses and disclosures of data that may be permissible under other state privacy laws
- **Consumer rights** must be offered (e.g., right to know, deletion)
- “Sales” of consumer health data requires a **written authorization**
- **Limited exemptions** for HIPAA regulated entities and data and research activities/data
- **Private right of action** under WMHMDA

What to do and Watch?

- **DOJ DMP Compliance**
 - Assess any transfers of or access to data and biospecimens to countries of concern, notably China
 - Assess any OUS access by vendors to sensitive data, even if not COC
 - Know where sensitive bulk data may be and where flows/access
 - Implement additional policies and processes
- **HIPAA compliance and Security**
 - Repro health requirements may ultimately be amended or negated by court
 - Security Rule compliance using NPRM as a guide on likely OCR thinking
 - **Avoid misleading statements** or promises around HIPAA compliance
- **Monitor FTC enforcement priorities**
 - While web tracking less of a focus, lawsuits continue and will be an issue under state laws
 - Less extreme FTC interpretations of consent and sensitive data—focus more on state law
- Address **privacy and security** more generally and assess **enhancements to security** and developing industry standard and expectations around security controls and responsibility
- Handle **data breach response** carefully and timely and, for large data breaches, with eye toward potential litigation

How to Mitigate Risk in 2025

- Document reasonable compliance in gray areas, show responsible steps taken
- **AI Risk Mitigation Themes**
 - Monitor legislation
 - Data Governance
 - Documentation, documentation, documentation
 - Transparency/Consent
 - Training, testing and validation
 - Mitigate risks of bias, discrimination, confabulations, hallucinations
 - Monitoring of outputs; “human-in-the-loop”
 - Data privacy and security considerations
- **Security** controls
- Careful and thoughtful **due diligence on vendors** and **documentation** of such
- Consent for **web tracking/cookies** and notice/transparency
- **Monitor** relevant state law developments and enforcement trends, and key litigation focus

Questions & Contacts



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Partner

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